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Help To End Hunger, Mail Your Application Today!



Friends of Night People, Inc.

The "Shelter of Last Resort" for those who have so little and need so much.

54,413 meals were served in 2009. because someone like you helped.



**Friends of Night People's
 7th Annual 5K Fun Run/Walk
 Against Hunger**

SUNDAY, April 11, 2010

"Putting Hunger on the Run!"

Sanction Certified Course
 3.1 Miles

Featuring
 Chili, Cornbread, & Prizes



Friends of Night People
 394 Hudson Street
 Buffalo NY 14201-1709



Start
Run or Walk
 10 AM Sharp!
 Niagara and Vermont

Entry Fees
 \$20.00 Entry fee for 5K Fun Run/Walk event
 \$20.00 Entry fee the day of the event
 \$13.00 All Students
 All entry fees include a t-shirt, while they last.

Registration
By Mail
 Complete and return the attached form. Make checks payable to Friends of Night People, Inc. Visa or Mastercard Only.
By Internet
 Go to www.friendsofnightpeople.org download individual race application, complete and email to fntp@verizon.net (Re:Race). Click on the Donate Page, then "Donate Online."

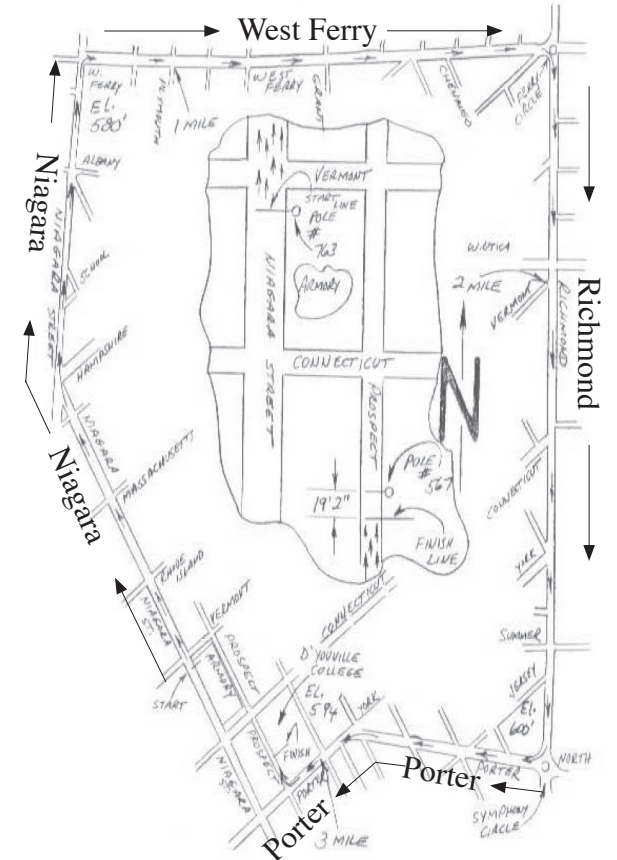
Race Day Registration
8:00 am
 D'Youville College's College Center
 320 Porter Avenue
 Eligibility: beginners, intermediate or advanced.

Classes: Male & Female

Age Categories:

9-14	35-39	60-64
15-19	40-44	65-69
20-24	45-49	70-74
25-29	50-54	75-79
30-34	55-59	80- and over

Awards
 Will be given for every class and the overall winner will receive the Charles McCullough Humanitarian Trophy.



Thank You!

Your participation in the **Run & Walk Against Hunger** helps Friends of Night People to provide food, clothing, and medical services to the working poor, children, elderly, and homeless in the Western New York community.

Mail Application & Check/Money Order to:
Friends of Night People
394 Hudson Street
Buffalo, NY 14201

The annual report of Friends of Night People, Inc. may be obtained from our organization or from the New York State Attorney General's Charities Bureau, Attn: FOIL Officer, 120 Broadway, New York, NY 10271.

**A Brief Summary
Friends of Night People, Inc.**

Established in 1969, by Charles McCullough, Rev. Paul Watson and John Russell. Friends of Night People, Inc. (FONP) is a non-profit organization that has been serving dinner and providing essential supportive services to homeless, working poor, and destitute people in the community daily. FONP provides support, informational resources, and linkages to help stop the revolving door of poverty. We are open seven days per week including holidays from 11:00 am—7:00 pm year round.

We serve dinner from 5:00 pm—7:00 pm to over 150 individuals daily. Our guests include women, children, men, elderly and the disabled. Our services are free and do not require any limitations or admission criteria. People learn of FONP by word of mouth.

In order to continue providing these important services we depend heavily on upon area businesses, schools, places of worship as well as individuals for their time, resources and financial contributions. Donations received go directly into the purchasing of food and the daily operations of FONP.

FONP offers the following services during serving periods ...

- A General Health, and foot clinic is held on the 1st and 3rd Tuesday under the direction of Dr. Igoe.
- An eye clinic is held on the 1st and 3rd Wednesday of every month under the direction of Dr. Hornberger.
- Clothing and personal hygiene items are distributed daily.
- Alcoholics Anonymous meeting space is provided on Thursday, Saturday, & Sunday.
- On-site crisis intervention programs available.
- Referrals given out 11:00 am to 2:00 pm.

Thanks to our sponsors

nationalgrid

Foresters

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TOPS
Friendly Markets

NOCO



Our event is Sanctioned by USATF.

Dear Runner,

Thank you for participating in "Putting Hunger on the Run - 2010."

This year we hope to register 300 runners for our United States Athletic Track and Field sanctioned race. The post race party will feature chili and cornbread, a Chinese auction, and music by D.J James McAdory. Please join us for a great morning competition and fun.

- Friends of Night People

All Proceeds to benefit
Friends of Night People's
Programs and Services

Please Print Clearly ...

Name: _____ Address: _____ City: _____ State: _____ Zip: _____

E-mail Address: _____ Phone Number: _____

Age: _____ Gender: Male _____ / Female: _____ T-shirt size: S M L XL 2 XL

- I will participate in the (Please circle) **Run / Walk**. Payment: _____
- I can not participate in this event, however, I would like to make a donation: _____
- Check (Please make payable to Friends of Night People)
- Visa # _____
- MasterCard # _____
- Signature: _____

Waiver: In consideration of accepting this entry, I hereby, for myself, my heirs, and administrators, waive, and release any and all of my rights and claims for damages I might have against the organization holding this event, Friends of Night People, the City of Buffalo, their agents, representatives, successors, and sponsors for any and all injuries suffered by me at this event.

Participant's Name (Please Print)

Participant's Signature/Parent or Guardian Signature if under 18